

Osteoporosis Screening

Keep Your Bones Healthy for a Long and Active Life.

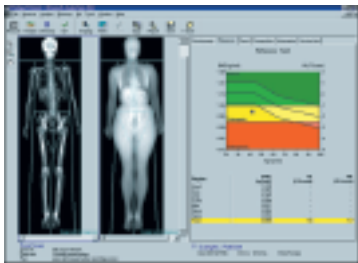
Call Orthopedic Associates of Dutchess County to Schedule Your Osteoporosis Screening

845.454.0120 Ext. 1110

Same day appointments usually available.

A Bone Density Test can determine if you have bone loss and are at risk for fractures.

- Bone Density Tests are simple, safe, and painless.
- Most tests only take a few minutes.
- Test results, called T-scores, determine your Bone Mineral Density and allow your doctor to make a diagnosis and assess your risk for fracture.
- **Osteoporosis is preventable and treatable.** Ask the staff at Orthopedic Associates of Dutchess County for information on preventing osteoporosis. If you are diagnosed with osteoporosis, your doctor will provide a treatment plan that can help strengthen your bones.
- If you are already being treated, Bone Density Tests can be used to monitor your response to the treatment.



- **8 million American women and 2 million men have osteoporosis. Millions more have low bone density.**
- **Significant risk has been reported in people of all ethnic backgrounds.**
- **You can take action. Detect osteoporosis before a fracture occurs—Ask for a Bone Density Test.**

